

Bowel Preparation Readiness Chart

Stool Color	Description	Readiness
	Dark, thick particles	NOT READY
	Brown, thick, particles	NOT READY
	Light orange, mostly clear	ALMOST READY
	Yellow, light, clear	READY

A clear yellow rectal liquid (diluted urine) is the goal. The yellow color is from bile stain.

No two persons are the same. Diseases, medications and differences in bodily functions affect bowel preparation. It takes different times for different individuals to achieve clear yellow rectal liquid.

Different Poop Stages during Bowel Preparation

1. Solid stool: This may be the first poop you have after taking the bowel cleansing agent.
2. Semi-solid stool: This may be the first poop in some patients.
3. Watery stool: This is very common in the early phase of purging the bowel.
4. Liquid with small amount of feces: This is the mid-phase of bowel cleansing.
5. Yellow liquid with small pieces: This is the late phase of bowel cleansing.
6. Cloudy yellow liquid without pieces: This means you are near ready.
7. Clear yellow liquid: This means you are ready. If you have not finished your bowel cleansing agent, you should still finish it as instructed. The intestine continues to produce fecal material so rinse out the colon with remaining bowel cleansing agent.